

Ka-reebnaanta Xaqiijinta U-qalmitaanka Daruufaha Gaarka ah

Isticmaal foomkan kaliya kadib marka aad sameyso dadaalo oo aadna awoodi wayso in aad caddayso dakhliga qoyskaaga. Foomkan, waxaad ku caddeynaysaa macluumaadka ku saabsan dakhliga qoyskaaga iyo sharaxaadda sababta aadan u haysan dokumeentiyo aan inoo soo gudbinayso.

Marka Washington Health Benefit Exchange ay hesho foomkan, waxaanu dib-u eegaysaa macluumaadka aad bixisay. Waxaan sidoo kale eegaynaa codsigaaga *Washington Healthplanfinder* iyo macluumaad kastoo kale ee laga helay ilaha xogta elektarooniga ah ee aanu heli karno (ee ay ansixiso Waaxda Mareykanka ee Adeegyada Aadanaha iyo Caafimaadka). Adeegsiga macluumaadkan, waxaan ku bixinaynaa ka-reebnaanta xaqiijinta u-qalmitaankaaga ee ah si ku saleysan kiis-kiis.

FIIRO GAAR AH: Foomkan looma adeegsan karo iswaafaqsanaan la'aanta la xiriirta muwaadinimada ama xaalka socdaalka.

45 CFR 155.315(g).

| | | |
|---------------------|------------------------------|--------------------------------|
| Aqoonsigga Codsigga | Lambarka Damaannada Bulshada | Taariikhda maanta (mm/bb/ssss) |
|---------------------|------------------------------|--------------------------------|

Macluumaadka Codsadaha

| | | | |
|-------------------|------------------------------|--------------------|------------------------------------|
| Magaca hore | Xarafka hore ee magaca dhexe | Magaca dambe | Taariikhda dhalashada (mm/bb/ssss) |
| Cinwaanka waddada | | | Lr. Guriga/Ste. # |
| Magaalada | Gobolka | Summadda Deegaanka | Degmada |

Tilmaamo

Dhammeystir macluumaadka hoose *kaliya* haddii aadan lahayn hab kale oo aad ku bixinayso caddaynta dakhligaaga. Ka gaabinta in si buuxda loo dhammeystiro foomkan waxay sababi kartaa diimada ama dhimidda daynta canshuurta lacagta joogtada ah ee caymiska caafimaadka.

Qaybta A: Sharaxaad

MUHIIM AH: Waa in aad sharaxdo sababta aadan u awoodin in aad bixiso caddaynta dakhligaaga. Waxaan u isticmaalaynaa sharaxaaddan si loo go'aamiyo haddii sababtan aad ugu qalmayso ka-reebnaanta. Fadlan faahfaahi.

Haddii sharaxaadda aadan ugu qalmin ka-reebnaanta, waxaa lagu wayddiisanayaa in aad soo gudbiso waraaqo dheeraad ah si aad u caddayso wadarta dakhliga qoyskaaga.

Haddii aad u baahan tahay meel badan oo banaan si aad u bixiso sharaxaadaada, waxaad ku soo lifaaqi kartaa boggag badan ama dokumeentiyo dheeraad ah foomkan.

Sharaxaad

Akhri oo Saxiix Hoos

Waxaan caddeynayaa in aan haysan hab kale oo aan ku diiwaangelinayo dakhligeyga iyo in dhammaan macluumaadka kor ku xusan ay run iyo sax yihiin. Waxaan fahansanahay in macluumaadkan loo adeegsanayo in lagu go'aamiyo haddii aan u-qalmo Daynta Canshuurta Lacagta Joogtada ah ee Caymiska Caafimaadka. Waxaan fahansanahay in shaqaalaha barnaamijka uu xaqiijin kara macluumaadka foomkan. Waxaan sidoo kale fahansanahay in haddii aan bixiyo macluumaad dakhli oo been ah si ula jeeddo leh, Waxay noqonaysaa in aan dib u bixiyo daymaha canshuurta ee aan helay iyo/ama in aan helin mustaqbalka daymo canshuur. Waxaan sidoo kale caddeynayaa in ay i wayddiisatay Washington Health Benefit Exchange dhammaan ilaha dakhliga uu helo qoyska. Kahor inta aadan adeegsan foomkan, waxaan isku dayay dadaaladeyga ugu fiican si aan u caddeeyo dakhliga aniga oo adeegsanaya dokumeentiyo kale.

Saxiixa

X

Taariikhda saxiixa (mm/bb/ssss)

U soo gudbi foomka:

Soo geli foomkan dhammeystiran xisaabtaada *Washington Healthplanfinder* ama boostada ugu dir:

Washington Healthplanfinder
PO Box 946
Olympia, WA 98507

Discrimination is Against the Law

The Washington Health Benefit Exchange/Health Care Authority waxay u hoggaansantahay sharciyada xuquuqaha rayidka Dowlada mana midab soocayso midab takoor kusalaysan jinsiyad, midab, asal dhallasho, da', naafonimo, ama nooca uu qofku yahay. The Washington Health Benefit Exchange/Health Care Authority dadka uguma reebayso ama ulama dhaqmayso si dadka kale ka duwan sabab jinsiyeed, midab, asal dhallasho, da', naafonimo, ama nooc qofka ah darteeda.

Waxay sidoo kale Washington Health Benefit Exchange/Health Care Authority u hoggaansamayaan sharciyada dowlada la dabakhayo mana samaynayaan midab takoor kusalaysan asalo caqiido, nooc, hadalka nooca qofka ama shakhsiyada, jihayn galmo, xaalad guur, diin, xaalado ciidan ama halyeel hore oo si sharaf leh loo sii daayay, ama isticmaalka hagir ay tababaran ama adeeg xayawaan oo caawiyo qof naafonimo qabba.

The Washington Health Benefit Exchange/Health Care Authority:

Waxay bixisaa caawimaado bilaash ah iyo adeego la siiyo dadka qaba naafooyin si ay noogula xiriiraan si heer sare ah sida;

- Turjubaano luuqada indhoolayaasha ah oo aqoon u leh
- Macluumaad qoran oo qaabab kale ah (far waaweyn, dhagaysi, qaabab qoraalo eliktaronig ah oo la heli karo, iyo qaabab kale)

Waxay bixisaa adeego luuqad bilaash ah oo la siiyo dadka luuqadooda asalka ahi aanan ahayn Ingiriisi, sida;

- Turjubaano aqoon u leh
- Macluumaad ku qoran luuqado kale

Haddii aad u baahantahay adeegahan, laxiriir 1-855-923-4633.

Haddii aad aaminsantahay in Washington Health Benefit Exchange/Health Care Authority ku guuldaraysteen in ay bixiyaan adeegahaan ama loo midab takooray qaab kale, waxaad fayl cabasho u diri kartaa:

| | |
|--|---|
| Washington Health Benefit Exchange Legal Department ATTN: Legal Division Equal Access/Equal Opportunity Coordinator PO BOX 1757 Olympia, WA 98507-1757 1-855-859-2512 Fax: 360-841-7653 appeals@wahbexchange.org | Health Care Authority Division of Legal Services ATTN: Compliance Officer PO Box 42700 Olympia, WA 98504-2700 1-855-682-0787 Fax: 360-586-9551 compliance@hca.wa.gov |
|--|---|

Waxaad u samayn kartaa faylka cabashada qaab shakhsiyeed ama qaab boosto, faakis, ama iimayl. Haddii aad u baahantahay in laguugu caawiyo fayl garaynta cabashada, Waaxda Sharciga the Washington Health Benefit Exchange Legal Department/Health Care Authority Division of Legal Services waxay diyaar u tahay in ay adiga kugu caawiso arintaasi.

Sidoo kale waxaad u samayn kartaa fayl cabasho xuquuqaha rayidka ah dhinaca Waaxda Adeegaha Caafimaadka iyo Bani'aadamka Mareykanka, Xafiiska Xuquuqaha Rayidka, qaab eliktaronig ah tooska bogga internetka Xafiiska Cabashada Xuquuqaha Rayidka, laga helo cinwaankan <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, ama qaab iimayl ama teleefoon halkan:

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

1-800-368-1019, 1-800-537-7697 (TDD)

Foomamka cabasho waxaa laga heli karaa cinwaankan <http://www.hhs.gov/ocr/office/file/index.html>

ATTENTION: If you speak [insert language], language assistance services, free of charge, are available to you. Call 1-855-923-4633 (TTY: 1-855-627-9604).

Spanish - ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-923-4633 (TTY: 1-855-627-9604).

Chinese - 注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電 1-855-923-4633 (TTY: 1-855-627-9604)。

Vietnamese - CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-855-923-4633 (TTY: 1-855-627-9604).

Korean - 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-855-923-4633 (TTY: 1-855-627-9604)번으로 전화해 주십시오.

Russian - ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-855-923-4633 (телетайп: ТТТ: 1-855-627-9604).

Tagalog - PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-855-923-4633 (TTY: 1-855-627-9604).

Ukrainian - УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 1-855-923-4633 (телетайп: ТТТ: 1-855-627-9604).

Cambodian (Khmer) - ប្រយ័ត្ន៖ បើសិនជាអ្នកនិយាយភាសាខ្មែរសំរាប់ជំនួយផ្នែកភាសាដោយមិនគិតល្អល, គឺអាចមានសំរាប់បំរើអ្នក។ ចូរ ទូរស័ព្ទ 1-855-923-4633 (TTY: 1-855-627-9604)។

Japanese - 注意事項: 日本語を話される場合、無料の言語支援をご利用いただけます。1-855-923-4633 (TTY: 1-855-627-9604) まで、お電話にてご連絡ください。

Amharic - ማስታወሻ: የሚናገሩት ቋንቋ አማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በነጻ ሊያግዝዎት ተዘጋጅተዋል። ወደ ሚከተለው ቁጥር ይደውሉ 1-855-923-4633 (መስማት ለተሳናቸው: TTY: 1-855-627-9604)።

Oromo - XIYYEEFFANNA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 1-855-923-4633 (TTY: 1-855-627-9604).

Somali - MUHIIM AH: Haddii aad ku hadashid Af-soomaali, adeegaha caawimaada luuqada, ee lacag la'aanta ah, ayaad heli kartaa. Wac 1-855-923-4633 (TTY: 1-855-627-9604).

Arabic - ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-855-923-4633 (رقم هاتف الصم والبكم: TTY: 1-855-627-9604).

Punjabi - ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। 1-855-923-4633 (TTY: 1-855-627-9604) 'ਤੇ ਕਾਲ ਕਰੋ।

German - ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-855-923-4633 (TTY: 1-855-627-9604).

Lao - ໂປດຊາບ: ຖ້າວ່າທ່ານເວົ້າພາສາລາວ, ການບໍລິການຊ່ວຍເຫຼືອອໍດີພາສາ, ໂດຍບໍ່ເສຍຄ່າ, ຈະມີພ້ອມໃຫ້ທ່ານ. ໂທ 1-855-923-4633 (TTY: 1-855-627-9604).

French - ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-855-923-4633 (TTY : 1-855-627-9604).

Hindi - ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-855-923-4633 (TTY: 1-855-627-9604) पर कॉल करें।

Farsi (Persian) - توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با 1-855-923-4633 تماس بگیرید.

Romanian - ATENȚIE: Dacă vorbiți limba română, vă stau la dispoziție servicii de asistență lingvistică, gratuit. Sunați la 1-855-923-4633 (TTY: 1-855-627-9604).